

CURRICULUM VITAE

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PROFILE

Experienced non-medical Care Provider offering more than 2 years of expertise providing in-home care. Complete domestic duties, help patients with self-care and hygiene and provide companionship. I am committed and hardworking young person with a strong work ethic, seeking to secure a job in your organization. I am also dedicated to all tasks and take pride in work. I can work independently and effectively as part of team.

SKILLS & ABILITIES

- Good interpersonal, and communications skills
- Hygiene and health and safety: Worked in compliance with applicable regulations with a special focus on ensuring clients were advised on safety in the home.
- Patient care
- Understanding of complex health care settings

CERTIFIED TRAININGS ON HEALTH, CARE AND SUPPORT

- Prevention and Management of Violence and aggression (PMVA) Feb 2021
- CAMHS Mental Health Observations Feb 2021
- Caring for someone with epilepsy Jan 2021
- Eating disorder awareness December 2020
- Mental health awareness December 2020
- Sickle cell disease December 2020
- Florence code of conduct for support workers October 2020
- Duty of care October 2020
- Working with people who self-harm October 2020
- End of life care (One day) October 2020
- Building Mental Health Resilience Bitesize Learning December 2022
- Basic First Aid Awareness December 2020

PROFESSIONAL EXPERIENCE

RSD Care Home May 2021 till May 2023 Kingsway Industrial Estate, Forestfach, Swansea SA5 4DL

Duties and Responsibilities

- Observing and reporting specific changes.
- Organized and maintained medication closets and first aid supplies
- Participated in cleaning and maintenance of medical equipment
- Function and regulation compliance
- Lifted patients using appropriate equipment in accordance with moving and handling policy
- Arranged bedding and cushions to enhance patient comfort in bed and chairs

I care Home Mar 2019 – April 2021

Duties and Responsibilities

- Cleaned house, ran errands, managed laundry and completed weekly grocery shopping.
- Providing Personal care support.
- Engaged patients in meaningful conversation, socialization and activity while providing personal care assistance.
- Planned, prepared and served meals and snacks according to prescribed diets.
- Supported clients with mental support and physical activities
- Built strong relationships with clients to deliver emotional support

ADDITIONAL

- Good health and able to work in night shifts
- Very enthusiastic and positive approach towards children

EDUCATION

- MOSHOOD ABIOLA POLYTECHNIC – BUSINESS STUDIES (HND)

Hobbies

swimming

Cooking

Dancing